

“THE SOUL FACTOR”

IS THE MISSING LINK IN HEALING

Therapist/Author’s soulful new book shows why spiritual needs are as important as physical and psychological concerns in healing.

Bend, OR (08/22/08)...*The Soul Factor* is about the author’s discovery that using Biblical insights into life, love and illness in psychological healing helps her patients improve their physical and mental health as they strengthen and deepen their connections to God.

Christian psychotherapist and author Shelley Maurice-Maier is no stranger to pain, suffering and healing. She lived for decades with eosinophilic gastroenteritis, a debilitating disease from which she finally experienced what she calls “a miraculous healing” in 1994. In addition, she survived molestation, cancer, seven major surgeries, divorce and a near-death experience. Her journey has culminated in a closer walk with God, a deeper understanding of her own healing and a calling for teaching His Word through compassionate counseling that aids in healing, helping others thrive in the face of disaster.

The Soul Factor explores Shelley Maurice-Maier’s belief that Scripture has something in common with the secular understanding of holistic medicine that treats mind, body and spirit. “They both have a role in promoting health, and they’re natural partners in healing. It’s time to acknowledge the special healing work the Great Physician does in the soul through the Bible and the Holy Spirit. Since the Holy Spirit is the “compass” and God’s purpose is the “compass setting” it’s up to us to navigate our souls in the direction of His purpose,” she said. The soul is defined as one’s thoughts, emotions and will. “The soul is the only aspect of our being over which we have true influence and that is the soul factor,” Shelley said.

The Soul Factor will teach you:

- How your soul affects your health and what you can do to strengthen it
- The difference between “healing” and “curing”
- How to follow Jesus’ example and take better care of yourself
- How to be less fearful and more joyful in the face of adversity
- How to understand God’s purpose and will for your life
- How to harness the power of the Holy Spirit to promote wellness

In *The Soul Factor* Shelley Maurice-Maier explains how her Christ-centered therapy practice unfolded. “The realization that God created profound healing powers within each of us helps enable our bodies to heal on their own, like when a bone is broken. The doctor

sets the break, but it is the body that knits the bone together. We look to God within for “healing,” just as much as we look to external sources for “curing” she said. The real-life stories and examples found in *The Soul Factor* are the basis for true inspiration for anyone seeking hope and healing.

About the Author:

Shelley Maurice-Maier, P.A.-C has been a board certified, licensed physician’s assistant in family medicine since 1983, with special interests in women’s health, chronic illness, pain control, grief counseling, anxiety and depression. After experiencing a miraculous healing in 1994, she devoted her life’s work entirely to a mind, body, spirit counseling. Since 2000 after other healings, and a growing maturity in her Christian walk, she has expanded her teachings to include the role the Holy Spirit plays in relationship to the soul in the healing process.

Shelley also received further training and certification in Eriksonian mental health counseling, and in 1997, was granted an extended medical practice description of “insight behavior psychotherapist” by the Oregon Board of Medical Examiners. She is the only Physicians Assistant (PA) in the country with that distinction. Shelley lives with her husband, Kenneth Maier, MD in Bend, Oregon, where she is also an accomplished singer, actress, avid horsewoman and community volunteer.

www.shelleymauricemaier.com

The Soul Factor

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